

COURSE MAP



PRESENTED BY

ENDORPHIN FITNESS

AGES 5-9:

40 yd swim, 1.5 mi bike (2 loops), .5 mi run (1 loop)

Ages 10-14:

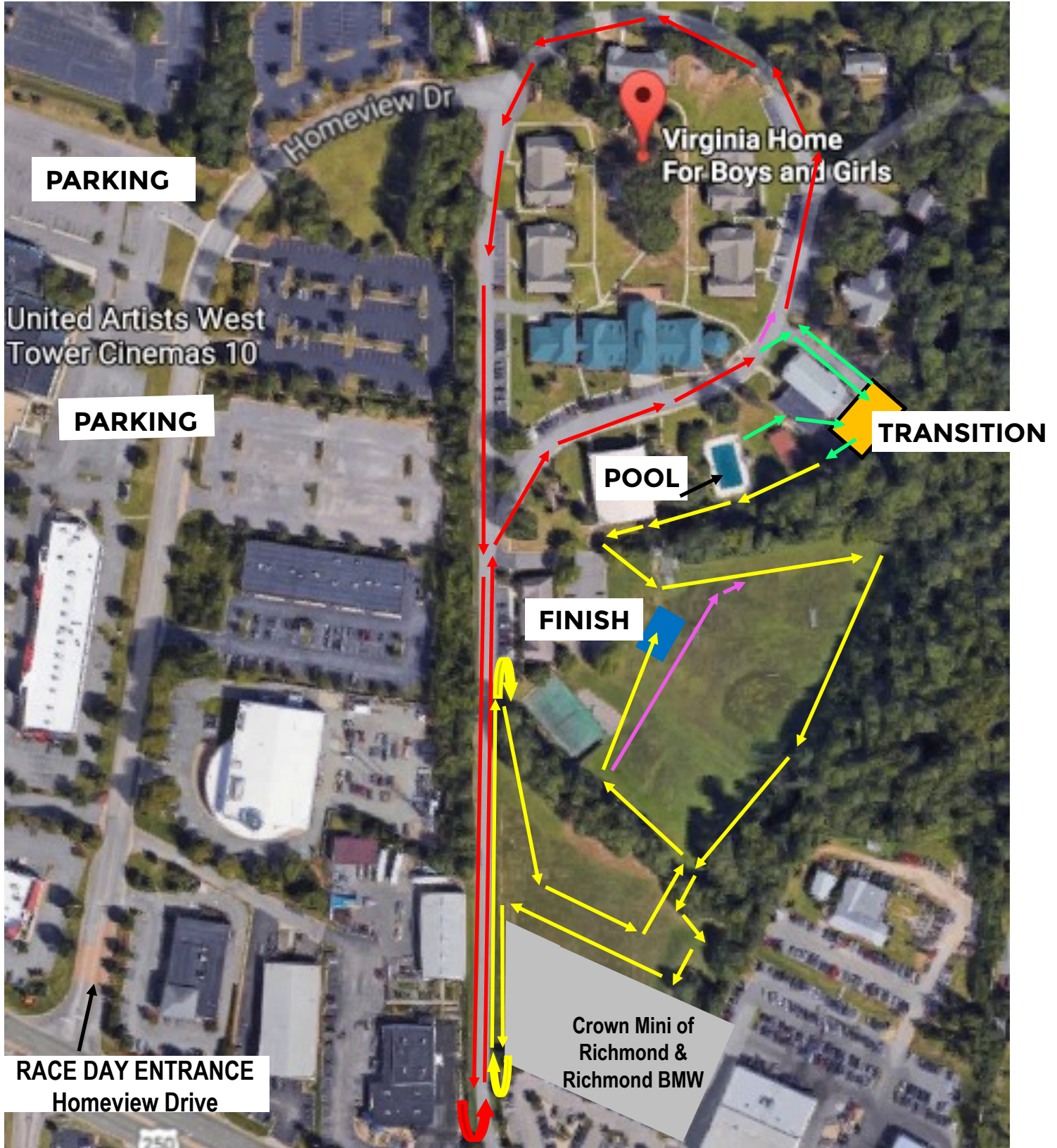
80 yd swim, 3 mi bike (4 loops), 1 mi run (2 loops)

Green = Transition Path

Red = Bike Course

Yellow = Run Course

Purple = More



VHBG address is 8716 W. Broad Street but follow signs to use Homeview Drive that will take you to the back entrance where you will park then walk to campus.